



I have been working and collaborating with Seamus for ten years now. He has coached me on many auditions and currently on my work in the show *Orange Is The New Black*. The work I do with Seamus is invaluable. He has a wonderful ability to extract the larger themes running through a scene and how they play out moment to moment. As an actor it is very easy for me to "jump behind a character, and in so doing, forget what the writer's intentions are, and the larger role that the character plays inside the story. Seamus will always lead me back while nurturing my instincts. Working with him continues to be enlightening and I highly recommend him as a coach/director.

— Nick Sandow
Orange is the New Black, Boardwalk Empire



I've worked with Seamus for a couple of years now. It's paramount to have him in your corner. Seamus has been crucial in a number of projects I've booked and worked on. He has helped me unshackle from the bonds of "getting it right." He nurtures the actor's best instincts and drives you to keep the scene active but never neglecting the foundation, our personal truths.

— Babs Olusanmoku
Gotham, Copper, Roots (2016)



Authentic is the best word to describe working with Seamus McNally. He is a true artist who challenges actors to make every scene personal and resonate with their own unique truth. He constantly dares me to imagine bigger and dig deeper. Seamus' coaching style allows actors to make mistakes, surrender control, play, be limitless and to evolve in a safe and supportive environment. There is always so much more to discover, and Seamus shows me this every time. His passion for acting is contagious, and I LOVE working with him.

— Ellen Wong
Scott Pilgrim vs. The World, Carrie Diaries



Seamus has a sensitivity and mindfulness that borders on mystic. He's an expert at creating a safe space which nurtures inspiration and creative freedom. Working with him is a lovely collaborative experience. I highly recommend his class.

— Ato Essandoh
Copper, Django Unchained, Vinyl



I would say going to one of Seamus' class is an absolute "TO DO" for any actor out there lucky enough to live near his classes! He is passionate and generous and sooo brilliant. He will teach you how to understand and deconstruct a script, teach you on-camera acting, and share all his knowledge with you. His classes are VERY complete and so useful. You'll learn about everything there is to learn from a teacher & acting coach. I SO HIGHLY recommend his class! I'm so grateful I found him and wish you'll be as lucky as me to take his classes!

— Nadja Settel
The Affair (Showtime), Rock'n Roll (with Marion Cotillard)



Seamus McNally's class has been instrumental for me. The care, the attention, and his insight into the work is a blessing for any artist/actor.

— Matthew Faber
Ride with the Devil, Palindromes, Natural Born Killers